

REVIEW ARTICLE

Protective Immunity Against *Cryptococcus Neoformans* Infection

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ABSTRACT *Cryptococcus neoformans*, the etiological agent of cryptococcosis, is an occasional opportunistic fungal pathogen of immune competent individuals. However, it is a relatively frequent cause of life-threatening meningoencephalitis and pulmonary infections in immunosuppressed hosts and is a leading mycological cause of morbidity and mortality among patients with AIDS in most parts of the world. The lack of an effective fungicidal regimen and the development of antifungal resistant strains suggest that continued investigation is necessary to devise immunotherapeutic strategies, drug targets and/or vaccines to combat *C. neoformans* infections. Until recently, cryptococcal virulence factors such as its polysaccharide capsule, macrophage parasitism, and its ability to induce an ineffective antibody mediated immune (AMI) response along with a non-protective type II (Th2) cell-mediated immune response have thwarted efforts to induce complete protective immunity against a lethal cryptococcal strain in murine models. The presence of *C. neoformans* antibodies in adult human serum suggests that immune competent individuals have difficulty resolving an early cryptococcal infection allowing for the establishment of a subclinical chronic infection. Recent studies have shown that pro-inflammatory cytokines, specifically interferon-g (IFN-g), associated with type I (Th1) cell-mediated immunity can successfully drive cell-mediated immune (CMI) responses to produce protective immunity to a second experimental *C. neoformans* infection in mice. This review will evaluate the intricacies of the host-cryptococcal interaction and discuss recent developments in *C. neoformans* research and the potential for human vaccines and/or drug therapies.

INTRODUCTION

Cryptococcus neoformans, the causative agent of cryptococcosis, is a common encapsulated fungus that can cause a range of illnesses from arthritis to prosthetic valve implant infections and, most significantly, a lethal infection of the central nervous system (CNS) leading to meningoencephalitis, predominantly in immunocompromised individuals (1, 2). With the eruption of the HIV epidemic, *C. neoformans* has only emerged as a serious human pathogen in the last 30 years and has become the leading mycological cause of morbidity and mortality among AIDS patients (3, 4). It

is estimated that 6% to 10% of patients with AIDS in the United States, Western Europe, and Australia and 0% to 50% of AIDS patients in sub-Saharan Africa countries are infected with life-threatening cryptococcal meningitis (5, 6). By the 1990s, *C. neoformans* had become the leading cause of culture-positive meningitis in many regions including New York City (7).

Although this review will focus on cryptococcosis which predominantly occurs in immunocompromised individuals, increasing reports of CNS cryptococcosis of immunocompetent, HIV-negative patients have been described (8, 9). In a recent study, Ecevit *et al.* evaluated the poor prognosis of 9 non-immunosuppressed patients with CNS cryptococcosis. Seventy-seven percent of the individuals had no underlying medical conditions and all 9 patients were eventually treated with amphotericin B/azole therapy.

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The reported mortality rate was 44% while the rest suffered neurological sequelae (9).

With amphotericin B/azole therapy and the advent of highly active anti-retroviral therapy (HAART), incidences of cryptococcosis have declined in HIV-infected patients in the developed parts of the world (10). However, the increase in HIV-negative, immunocompetent patients receiving immunosuppressive therapy, the large numbers of people without economic access to HAART and the high mortality and morbidity of HAART-related immune reconstitution inflammatory syndrome (IRIS) (11) begs the necessity for the development of a *C. neoformans* vaccine. This review will discuss the recent progress in the understanding of cryptococcal-host interactions and the challenges involved with the development of protective immunity against *C. neoformans*.

THE FUNGUS AND VIRULENCE FACTORS

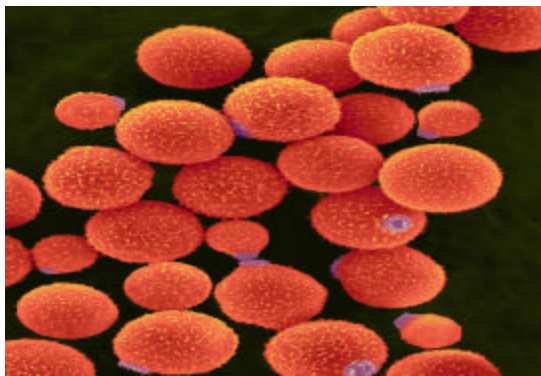


Figure 1. Scanning Electron Microscope (SEM) photo of encapsulated pathogenic *Cryptococcus neoformans* yeast at a magnification of x1,200. An acidic mucopolysaccharide capsule completely encloses the fungus. *C. neoformans* infection, cryptococcosis may lead to meningoencephalitis of the central nervous system (CNS) predominantly in immunocompromised humans with HIV/AIDS or undergoing immunosuppressive therapy. Copyright Dennis Kunkel Microscopy, Inc.

C. neoformans is usually found in yeast form, or oval or spherical shape (Figure 1). Generally, the yeast form reproduces by asexual budding, but sexual reproduction has been observed with the formation of basidiospores - sexual spores produced at the end of hyphae by members of the phylum *Basidiomycota* of which *Filobasidiella neoformans* (the sexual state of *C. neoformans*) is a member. Until recently, *C. neoformans* has been subdivided into two variants (var.), *C. neoformans* var. *neoformans* and *C. neoformans* var. *gattii*. However, a greater analysis of the genetic structure of *C. neoformans* strains has resulted in the elevation of *C. neoformans* var. *gattii* to species level (12). Cryptococcal isolates are also categorized according to serotype based upon antigenic differences

in their polysaccharide capsules. Serotypes A, D, and hybrid AD belong to *C. neoformans* and serotypes B and C belong to *C. gattii*. *C. neoformans* serotype A appears to be implicated in 99% of AIDS patients with cryptococcosis worldwide, except France where serotype A is responsible for around 80% of the infections (13). More frequent cases of serotype D and AD have been reported in Europe where cryptococcosis is associated with 77% of HIV patients (14). Serotype A contributes to 51% of *C. neoformans* infection followed by serotype D (30%) and serotype AD (19%) (14). Given that *C. neoformans* serotype A still remains to be the most prevalent variety amongst immunocompromised individuals, we will confine the majority of our discussion of cryptococcal immunity and virulence characteristics to *Cryptococcus*.

C. neoformans Serotype A incorporates a multitude of virulence factors to overcome host defenses, including the ability to produce a variety of anti-oxidants. Melanin is a free-radical scavenger that impedes macrophage phagocytosis by helping to protect *C. neoformans* against nitrogen- and oxygen-derived oxidants produced as defense mechanisms by the host (15, 16, 17). Superoxide dismutase supplements melanin by converting superoxide radicals into hydrogen peroxide and molecular oxygen (18, 19). Thioredoxin reductase and mannitol are also powerful anti-oxidants produced by this fungal pathogen (20, 21).

Besides its resistance to oxidative stress, *C. neoformans* owes much of its uniqueness and pathogenic virulence to its polysaccharide capsule. Not only does the capsule provide a protective barrier around the fungal cell wall but it also contains particular capsular antigens, such as glucuronoxylomannan (GXM), that have been suspected to elicit an adverse immune response, allowing the microbe to escape significant host phagocytosis and intercellular killing (22, 23, 24).

Despite its virulence, a *C. neoformans* infection is usually contained in immunocompetent hosts. Sera studies suggest that the majority of the human population is initially infected during early childhood and repeatedly infected throughout life (25, 26). Because of the rarity of clinical manifestation of cryptococcosis in normal individuals, we can assume that the host mounts an immune response that may not completely eliminate the infection, but successfully prevents disease. Therefore, a clinical cryptococcal infection in humans, later in life, would more than likely result from reactivation of a latent infection or an acute re-infection in the contexts of an established chronic infection.

HOST DEFENSE

Route of infection and innate immunity

Although often overlooked, it is important to note certain physical factors and barriers that impede the establishment of *C. neoformans* in the mammalian environment. The initial defense to all fungal infections is the skin. Since the skin provides an effective barrier to *C. neoformans*, the nasal and upper respiratory airway openings appear to be critical host entry sites. Kutin *et al.* (27) have established that *C. neoformans* has the ability to cross the mucosal and nasal epithelial layers in mice and rats. The connection between the nasal cavity and subcranial space suggests a possible *C. neoformans* entry route into the central nervous system (CNS). The degree to which this mode of passage facilitates infection has yet to be defined.

It is commonly believed that inhalation is the primary route of *C. neoformans* pulmonary infection in humans. Considering *C. neoformans* grows less efficiently at the human host temperature of 37°C than at its optimal growth rate temperature of 25°C to 30°C (28), low temperatures in the nasal passage might be advantageous for fungal growth.

Ciliary action and airway turbulence are generally successful at preventing yeast cells from reaching the alveoli, except the smaller basidiospores. Invasion of the bronchial epithelium is sufficient to inflict direct host damage and/or trigger an over-reactive inflammatory response (29). For instance, *C. neoformans* var. *gatti* has been associated with the vigorous formation of granulomatous masses in the lungs (30). A more severe systemic infection, mainly seen in immunocompromised patients, can lead to *C. neoformans* meningoencephalitis - a symptomatic infection that generally becomes fatal if not promptly treated.

COMPLEMENT-MEDIATED AND NON-SPECIFIC CELLULAR IMMUNITY

The complement system consists of a series of serum proteins that are involved in non-specific host immune responses. Complement proteins can be rapidly activated to provide protection to the host via multiple mechanisms including opsonization which promotes phagocytosis of antigens, the lysis of foreign cells, and the activation of inflammatory responses. Complement system activation can occur via three pathways: complement activation via the classical pathway is initiated by the formation of antigen-antibody complexes and requires specific antibody; activation of the alternative pathway begins with binding of serum proteins including the complement protein C3b to the foreign cell surface and does not require the presence of antibody; lastly, the lectin pathway requires the binding of lectins (proteins that bind specifically to carbohydrate targets) to mannose residues on foreign cells and, like the alternative pathway, does not require

specific antibodies.

The level of complement cascade activation by *C. neoformans* surface antigens depends on the integrity of its capsule and the presence of particular antifungal antibodies in the host serum at the time of infection (31). Although human serum contains sufficient antibodies for *C. neoformans* glucans, the polysaccharide capsule blocks access to the yeast surface (32). In naive host sera, there are insufficient naturally occurring capsule-binding antibodies to initiate the classical pathway (33). Therefore, the alternative pathway remains the primary method for activation of complement mediated phagocytosis of encapsulated *C. neoformans*. Immunofluorescence studies have shown that the classical pathway results in the immediate accumulation of C3 (a key complement protein) on the cell surface, while the alternative pathway activation lags behind 4 to 7 min before significant C3 is present (33, 34). These findings propose that the polysaccharide capsule is a key factor in the ability of *C. neoformans* to slow the humoral complement-mediated immune response.

Phagocytosis appears to be the primary method for clearing *C. neoformans* infection. Various host defense cells, employing a multitude of microbicidal mechanisms, contribute to this process. Polymorphonuclear (PMN) cells, also known as neutrophils, are effective phagocytic cells in the early stages of infection and may serve the immune system best by containing a chronic *C. neoformans* infection (35). In a recent study, Marr K. *et al.* (36) explored the similarities and differences of natural killer (NK) cells anticryptococcal activity between humans and mice. NK cells can play different roles in humans than in mice during cryptococcal infection and vary in respect to their distribution in the body, cytokine interaction, receptor expression and their interaction with a variety of other effector molecules (36, 37). However, macrophages undoubtedly play an essential role in *C. neoformans* phagocytosis throughout the duration of the infection in humans and mice. Macrophages are professional phagocytic cells capable of ingesting foreign cells via contact with antibody Fc receptors and/or C3 receptors by means of the complement pathways. Due to human host inefficiency to produce a consistent amount of protective antibodies or the inability to upregulate the necessary cytokines to elicit an effective cell-mediated immune response, macrophage phagocytosis mainly occurs via the alternative complement pathway (34).

During the immune response, macrophages and human PMN cells produce an assortment of reactive oxygen intermediates (ROIs) and nonoxidative mechanisms that are capable of killing *C. neoformans* (38, 39, 40). Human neutrophils produce hydrogen

peroxide (H_2O_2) which, in adequate amount is fungicidal to *C. neoformans* (39). Phagocytes also produce non-oxidative antimicrobial proteins. Human neutrophils contain defensins which can be extremely lethal to *C. neoformans* fungus (38). Murine macrophages produce a histone-like microbicidal protein which is also an effective cryptococcal killing mechanism (40).

Although human phagocytes produce effective antifungal molecules, many studies have shown that an adequate cryptococcal defense involves macrophages with sufficient stimulus to successfully phagocytosis and kill *C. neoformans* (41). Flesh *et al.* (42) demonstrated that murine (mouse) bone marrow macrophages, in the presence of IFN-gamma and bacterial lipopolysaccharide (LPS), can mount an antifungal attack against *C. neoformans* in the absence of complement and antibody opsonins. It has also been shown that cytokines, specifically granulocyte-macrophage colony-stimulating factors (GM-CSF) and tumor necrosis factor-alpha (TNF- α) enhance complement-mediated phagocytosis in vitro and in murine models (43). Without these cytokines, macrophages only ingested 1 to 2 cryptococcal cells as compared to 6 to 8 with appropriate cytokine stimulation (43). Although a macrophage is fully capable of *C. neoformans* phagocytosis, this does not necessarily imply death of the fungus. *C. neoformans* has demonstrated the ability to survive and replicate within macrophages in vitro and in vivo (44, 45, 46).

In summary, macrophages are proficient killers of *C. neoformans* by phagocytosis, but are greatly dependent on the presence of serum opsonins and cytokine-mediated activation. The polysaccharide capsule provides an effective barrier against complement-mediated opsonization. Evidence points towards the appropriate immune cytokine response as being a key factor in the ability of macrophages to effectively clear a *C. neoformans* infection.

SPECIFIC IMMUNITY

Antibody-mediated immunity

A correctly implemented immune response that incorporates phagocytic killing mechanisms and the appropriate memory T-cell and B-cell response is required to mount an adequate immune defense against *C. neoformans*. Fortunately, extensive study has been conducted on antibody production to cryptococcal polysaccharide antigens. However, not all *C. neoformans* antigens elicit protective antibody production. The efficiency of an antibody-mediated response is determined by monoclonal antibody (mAb) isotype (having to do with Fc region: IgG, IgM, IgA, IgE, IgD), epitope specificity (immunoglobulin hyper-variable region specificity to *C. neoformans* antigens)

and affinity for different *C. neoformans* strains. The antibody-mediated immunity (AMI) and the cell-mediated immunity (CMI) responses to capsular glucuronoxylomannan (GXM) sugars and cryptococcal mannoproteins are the subject of the majority of cryptococcal antigen studies to date.

Antibodies to *C. neoformans* polysaccharide capsule are commonly found in immunocompetent individuals with or without cryptococcal infection (26). Perhaps, this antibody response is due to a past subclinical infection (no manifestation of characteristic symptoms of a *C. neoformans* infection) or a cross reaction with other polysaccharides. Whatever the case, it is apparent that immunocompetent individuals have some degree of immunity to *C. neoformans* polysaccharide antigens.

GXM capsular sugars by themselves elicit very little antibody immune responses and can wreak havoc on the host immune system (47). However, when linked to a protein carrier, such as tetanus toxoid (TT) or *Pseudomonas aeruginosa* exoprotein A (rEPA), it becomes highly immunogenic (48, 49). GXM conjugated to tetanus toxoid (GXM-TT) has been successful at providing partial protective antibody production in only some mouse species (48). Not only does this suggest that a GXM-TT protective immune response depends on the host's genetic framework, but studies have shown that GXM-TT was unsuccessful at inducing partial protective immunity in mice with T-cell, IFN- γ , iNOS, B cells, and various other CMI cytokine deficiencies (50). This is a significant drawback considering that the majority of human cryptococcal cases are those with HIV or immunocompromised patients with low T-cell levels. GXM-TT vaccine was proven to be immunogenic in immunocompetent humans in a small clinical trial, but its immunogenicity in immunocompromised individual is still unclear (51).

This evidence suggests that a successful protective AMI is greatly dependent on functional CMI and the appropriate cytokine immune response. In the field of cryptococcal research, it has generally been accepted that *C. neoformans* capsular polysaccharides induce T-cell-independent antibodies and, therefore, elicits a Th2 immune response. In the above mentioned experiment, it seems that the inactivation of T-cells and the lack of Th1 cytokines, such as IFN- γ , IL-12, and TNF- α , may have interfered with the production of "protective" antibodies.

Furthermore, disease-enhancing antibodies have been described. The presence of too many antibodies of the wrong type has been observed to produce "immunological paralysis" or antibody unresponsiveness (22, 51). Mice injected with more than 100-400 μ g of cryptococcal polysaccharide demonstrated a reduced ability to produce an antibody

response as compared to mice injected with less than 100 µg (22). Apparently, the production of antibodies to particular *C. neoformans* capsular antigens can "overload" the immune system. The effects of this phenomena and the degree of T-cell involvement in this response have not been thoroughly investigated in humans.

In summary, AMI to *C. neoformans* appears to be complex. Convincing evidence supports the interdependency of CMI and AMI in a successful host defense response against *C. neoformans*. Considering that immunocompetent individuals are capable of producing only minimally protective antibodies to the polysaccharide, the cooperation of the CMI and the correct T-helper cell type cytokine response might be a pivotal step to induce antibody-mediated protection. The immunocompromised host's inability to mount an effective AMI attack against *C. neoformans* infection because of deficient or inappropriate T cell activation also points to the importance of anti-cryptococcal CMI responses.

Cell-Mediated Immunity

The foremost reasons to suspect significant T-cell involvement in host immune response to *C. neoformans* infection are 1) the difficulty of CMI deficient patients to successfully mount an anti-cryptococcal immune response, 2) the formation of granulomas usually associated with extensive Th1 activation, 3) the experimental evidence that naïve mice can adopt protective immunity by T-cell transfer from immune mice, and 4) successful stimulation of complete acquired protective immunity in mice inoculated with a *C. neoformans* strain producing host IFN- γ (3, 4, 30, 52, 53). Besides the fact that the T-helper cell plays the central role in the specific immune response, as well as the humoral response, and is essential for any successful cryptococcal defense, many experiments provide conclusive evidence that CMI is vital to the development of protective immunity against *C. neoformans*.

Experiments have been performed with athymic mice (nu/nu) that cannot efficiently facilitate a T-cell mediated immune response. These mice were more susceptible to the *C. neoformans* infection compared to the control mice with a thymus (54). Moreover, athymic mice were shown to be susceptible to chronic cryptococcal infection when presented with an avirulent nonencapsulated *C. neoformans* strain (55). Upon examination, nu/nu mice presented no granuloma formation, less inflammatory evidence, and negative delayed type hypersensitivity (DTH) responses (54, 56). Similar studies of pulmonary infections in rats show that *C. neoformans* in the lungs of nu/nu rats are lethal (57). Normal rats can effectively clear a *C. neoformans*

pulmonary infection. This evidence suggests that athymic mice and rats are unable to ward off a *C. neoformans* infection due to the lack of mature T-cells in their serum.

Further studies implementing adoptive transfer technique of mouse splenocytes have been performed to analyze the potential for T-cell protective immunity (52). After 35 days of cryptococcal infection, splenic T-cells transferred to naïve mice produced a DTH reaction and protective immunity when presented with *C. neoformans* (52). However, transfer of infected serum did not confer significant immunity to the naïve host (58). These studies seem to suggest that protective immunity is possible in mice and is associated with T-cells.

Wormley *et al.* (53, 58) have conducted 2 studies analyzing the protective immune response to *C. neoformans* by way of Th1 cytokine responses in mice. Over a period of 14 days, cytokine responses, CD4+ and CD8+ cell levels and pulmonary fungal burden were recorded in mice challenged with known lethal *C. neoformans* strain H99 and an avirulent temperature-sensitive, calcineurin A1 (*cna1*) mutant strain (59).

Cna1 strains have been engineered to inefficiently propagate a virulent infection in simulated host environments (37°C, 5% CO₂, etc.) and have been shown to be non-infectious in immunosuppressed murine model studies (59). The mice presented with the *cna1* strains successfully resolved the infection while mice challenged with the virulent strain all died within a median of 16 days (58). However, the *cna1* mice did not demonstrate protection against a re-challenge with pathogenic *C. neoformans* strain H99 (58). When inoculated with a second lethal *C. neoformans* strain, the *cna1* mice only survived approximately 17 days - almost the same survival interval as the control group inoculated with lethal *C. neoformans* H99 strain (58). During the study, IL-4 levels increased in mice inoculated with 10⁶ CFU of *cna1* mutant, indicative of a Th2 response (58). In addition, IFN-gamma and IL-2 (Th1) cytokines levels did not significantly deviate from the control norms in the *cna1* mice as compared to a serious, steady decline in mice inoculated with the lethal strain (58). Considering the multitude of studies showing the importance IFN- γ in the development of protective CMI to *C. neoformans*, there is significant evidence to conclude that *cna1* inoculated mice failed to produce substantial amounts of INF-gamma or initiate a significant Th1 response to procure protection against a secondary infection.

Knock-out (KO) studies by Hernandez *et al.* (60) have also confirmed that a Th2 driven response exacerbates *C. neoformans* infection. IL-4 KO and LI-10 KO (cytokines affiliated with a Th2 response) mice

both resolved *C. neoformans* infection at a significantly higher rate than wildtype C57BL/6 mice (60). In contrast, treatment of cryptococcal resistant mice with IL-4 and IL-10 increased fungal presence in the CNS (61).

In light of these conclusions, follow-up studies by Wormley *et al.* (53) focused on the activation of a Th1 response in murine models. They were able to transform *C. neoformans* strain H99 with a construct allowing the yeast to express low levels of the Th1-type cytokine IFN- γ . The strain was designated *C. neoformans* strain H99 γ (53). Besides its production of IFN-gamma, this strain showed no signs of attenuated virulence when compared to the known lethal, wildtype *C. neoformans* strain H99 *in vitro* (53). When A/Jcr mice were given intranasal inoculations of *C. neoformans* strain H99 γ , they were able to resolve a primary infection compared to complete mortality for mice inoculated with the wild-type strain (53). Importantly, A/Jcr mice are deficient in the complement protein C5a, a protein that is significant in the recruitment of inflammatory cells during inflammatory responses. The capacity of prior infection with the IFN- γ -producing strain to induce protective anti-cryptococcal immunity in an "immune deficient" mouse strain speaks very highly of the level of protection that this strain generated against *C. neoformans*. To evaluate the possibility for acquired protective immunity, immunocompetent BALB/c mice that had resolved a previous primary infection with *C. neoformans* strain H99 γ and mice that had survived a primary infection with heat-killed *C. neoformans* strain were both inoculated with a secondary infection of the lethal wildtype *C. neoformans* strain H99. All mice that had resolved a prior infection with the *C. neoformans* strain H99 γ were able to survive a second cryptococcal challenge with the pathogenic wild-type strain demonstrating the development of complete protective immunity as compared to 100% mortality of the mice that had resolved the prior infection with heat-killed *C. neoformans* (53).

Cytokine and chemokine analysis revealed that pulmonary levels of Th1 cytokines, IFN- γ , IL-2, IL-12, and TNF- α were substantially elevated as well as other inflammatory cytokines and chemokines in H99 γ mice (53). In contrast, the above mentioned cytokines and chemokines levels were significantly lower in the wild-type infected mice (53). However, wild-type infected mice did show increased levels of Th2 cytokines, IL-4 and IL-5 as compared to the *C. neoformans* strain H99 γ immunized mice (53). These results suggest that complete protective immunity is possible in mice when a Th1 cytokine response is induced upon primary infection with *C. neoformans* H99 γ strain.

In summary, 100% survival of a primary infection of the *C. neoformans* strain producing IFN- γ and the

activation of protective immunity in mice is promising. Experiments show that successful cryptococcal protection is strongly connected to CMI, particularly the activation of a Th1 response and Th1 cytokines, such as IFN- γ , IL-12, and TNF- α . Results showing that susceptible mice naturally produce Th2 cytokines, with a diminished Th1 response, when inoculated with a pathogenic cryptococcal strain suggests that *C. neoformans* escapes destruction by mediating a biased Th2 immune response (53, 58). It is possible to propose that the human immune system suffers from the same debilitating response to *C. neoformans* and without elevated Th1 cytokines, the AMI and Th2 response can only produce partial protective immunity. Although this response might be adequate in the immunocompetent host, if this balance is tipped, as it is in patients suffering from AIDS, the host defense against *C. neoformans* invasion could be severely impaired. The process by which Th1 cytokine polarization stimulates anti-cryptococcal protective immunity remains to be thoroughly investigated.

MANNOPROTEINS

Host immune responses to cryptococcal proteins have been associated with protection against experimental infection in mice. Vaccination of mice with a *C. neoformans* culture filtrate antigen (CneF) in complete Freund's adjuvant (CFA) has been shown to induce partial-protection against a subsequent cryptococcal infection as well as to generate DTH responses (62). Fractionation of CneF revealed its mannoproteins (MP) fraction as the primary antigenic component responsible for the stimulation of anti-cryptococcal CMI responses in mice (62). Subsequently, there has been great interest in identifying the proteins that elicit protective host responses to cryptococcal infection. Mandel *et al.* (63) have identified and cloned a gene, designated *DHA1*, which encodes a protein that induces DTH responses in mice. Additionally, Biondo *et al.* (64) have described a cryptococcal polysaccharide deacetylase that was used as a vaccine strategy to prolong survival and decrease fungal burden in mice. Levitz *et al.* (65) have also described a *C. neoformans* mannoprotein, termed MP98, which has molecular properties of a chitin deacetylase and stimulates T cell responses to *C. neoformans*. A second cryptococcal mannoprotein, MP88, also identified by Levitz and collaborators was also demonstrated to stimulate T cell responses (66). More recently, two cryptococcal mannoproteins, designated MP84 and MP115, were identified following the reaction of various CneF mannoprotein fractions with sera from patients and experimental animals with cryptococcosis (67).

Current research suggests that mannoproteins activate a Th1 protective anticryptococcal response by

presenting extensive o-mannosylated antigen to macrophage mannose receptors (MMR) on the surface of PMN cells, particularly dendritic cells (68, 69). The antigen is endocytosed and released in to the endosome to be processed for presentation on the major histocompatibility complex class II (MHC class II) (68). These antigen-presenting cells subsequently secrete IL-12, generating Th1 cells and facilitating a proinflammatory response with elevated IFN- γ production (70). *In vitro* research involving human monocytes and *in vivo* murine studies have demonstrated that IL-12 plays an essential role in the development of a protective immune response (70, 71). Pietrella *et al.* (72) also describe the stimulation of an IFN- γ and IL-12-directed Th1 protective response in *Candida albicans* with cross-reactive MP from *C. neoformans* in mice and *in vitro*.

In summary, MPs, located in the *C. neoformans* envelope, are highly immunogenic and elicit DTH responses along with a partially protective immune response in mice (63, 71, 73). T-cell involvement and increased secretion of IFN- γ , TNF- α , IL-2 (75) and IL-12 (70) have been associated with particular mannoproteic determinants: MP98, MP88, MP84 and MP115 (65, 66, 67). While it has been demonstrated that purified capsular polysaccharides of *C. neoformans* promotes IL-10 secretion, among other Th2 cytokines that can downregulate proinflammatory Th1 cytokines (74), MPs have been shown to shift the balance toward a Th1 protective response. Although the value of these cryptococcal proteins as vaccine candidates for the prevention and/or treatment of *C. neoformans* infections or relapses in immunosuppressed patients have yet to be validated on a definitive basis, it appears that they have the potential to be of benefit for the management of cryptococcosis.

VACCINE STRATEGIES

As investigators get closer to discovering the intricacies of the host immune response to *C. neoformans* infection, the possibilities of a vaccine become more of a reality. It is promising to hear evidence of cross-reactivity in Th1 responses to *C. neoformans* and the pathogenic fungus, *Candida albicans* (72). These conclusions imply the potential for the first broad-spectrum vaccine that protects against various pathogenic fungi.

Development of a *C. neoformans* strain capable of producing host IFN- γ is clearly a potential vaccine strategy, but the form, method and efficiency of this prospect in humans still needs to be investigated. Furthermore, host defense to *C. neoformans* is complex and probably entails an intricate collaboration of CMI, AMI and innate immunity. A better understanding of the Th1 response, how it can elicit protective immunity and

the role that AMI plays in this process must be devised before a successful human vaccine candidate that induces complete protective immunity can be developed.

In addition to unanswered questions regarding anti-cryptococcal host defense mechanisms, an incorrectly polarized or severely impaired immune system is of essential interest when discussing cryptococcal vaccine strategies. Considering the majority of the *C. neoformans* clinical cases occur in immunocompromised patients (5), the potential of inciting an over-exuberant inflammatory response (immune reconstitution) during latent *C. neoformans* infection is a concern. This concern is apparent when examining the host immune system's ability to self-inflict damage during immune reconstitution inflammatory syndrome (IRIS) in HIV patients treated with HAART (11). Although studies with H99- γ have been shown to ramp up Th1 cells, which might suggest a good strategy for AIDS and other immunocompromised patients, it is unknown if such methods will be successful in these populations.

CONCLUSION

With its polysaccharide capsule and its ability to evade the bulk of immune defenses by driving a non-protective Th2 response, *C. neoformans* has proven to be one of the most challenging fungal infections of the 21st century. Microbiologists and immunologists continue to decipher the cryptococcal code in order to better understand its mechanisms of virulence. An AMI response with antibody production from cryptococcal antigen has only been demonstrated to elicit partial protective immunity. New evidence points towards *C. neoformans* interaction with the cell-mediated immune system as being the basis by which *C. neoformans* infection is established. The conclusion that *C. neoformans* H99- γ strain can induce primary immunity in mice and elicit a complete secondary protective immunity via induction of a CMI Th1 response may prove crucial for the future of cryptococcal research. Together with the discovery of cell surface mannoproteins, there exists exciting potential for human vaccine therapies that elicit a more appropriate immune response to *C. neoformans* infection. The development of a cryptococcal fungal vaccine will, undoubtedly, change the face of AIDS research and offer a much better chance of survival for immunocompromised patients and those undergoing immunosuppressive therapies.

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